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Humphrey's five-hour treadmill fun run

CHRIS HOOK

PUTTING in a top performance will be Spandex-clad marathon runner Humphrey's way of kicking off this year's Sydney Festival.

The alter-ego of Melbourne artist Tristan Meecham will hit the treadmill in Hyde Park from 9.30am on Saturday for *Fun Run*, a five-hour, 42.2km trot, surrounded by dancers, cheerleaders, skipping champions, bodybuilders, some sports scientists to analyse his progress and hordes of picnicking Sydneysiders.

"It's the opening of the festival so we want everyone to have a party.

There'll be loads of performances where people can get involved and dance and move around. It's a combination of art, sport and a celebration of community," Humphrey said.

Fun Run is the first of three events to begin Sydney Festival on Saturday. It will be, followed by a free concert in The Domain at 7.30pm.



Tristan Meecham (Humphrey) will take to the treadmill for a 42.2km trot in Hyde Park on Saturday. Picture: Bob Barker